Quality Improvement Plan

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Period (years inclusive): 2018-2019

Key clinical areas for improvement: (List)
1. Falls Prevention
2. Pressure Injury Management

Clinical area 1 (Falls Prevention)

What are the issues/problems identified in this area?

- Increasing incidence of falls, and fall-related injuries leading to longer length of stay in the hospital (when compared to benchmark data from other Australian hospitals)

What do you intend to achieve with your quality improvement activity?

- The aim of the quality improvement activity is to reduce the rate of falls and fall-related injuries by at least 50%. 
What steps/processes will be taken to achieve those outcomes?

- Organise a ‘Falls’ team (multidisciplinary, senior and junior staff, consumers); allocate tasks
- Review current falls management plan
- In-depth fall analysis in the medical and surgical wards
- Survey medical, nursing and allied health staff
- Develop and pilot test survey instrument
- Undertake the quality improvement activity using the JBI Getting Research Into Practice Framework and PACES software – pilot test the plan and expand the activity accordingly

What are your success measures?

- Implementation of falls prevention strategies/interventions, and 100% adherence of staff, patients/families and health organisation to the interventions (Process measure)
- Reduction in the rate of falls and fall-related injuries by at least 50% (Impact measure)
- Reduction in the length of hospital stay (Outcome measure)
- Maintenance of the new baseline falls/injury rate

What is your timeline?

<table>
<thead>
<tr>
<th>Activities</th>
<th>Months</th>
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<tbody>
<tr>
<td>Organise the quality improvement (QI) team</td>
<td>1</td>
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<tr>
<td>Review of current falls management plan</td>
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<tr>
<td>In-depth fall analysis</td>
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<td>Staff Survey</td>
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<td>Pilot QI activity</td>
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<td>Analyse impact of changes</td>
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<td>Review lessons learned from the pilot</td>
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Other comments

- Review plan regularly (every 2 months) and revise accordingly; ensure proper document of the quality improvement activity
- Seek input from senior administrative personnel; secure protected time for the project (if possible)
Please provide the same information for all identified clinical areas for improvement.